

## Insulin Autoantibodies (IAA)

**Explanation:** The following new orderable, referred to Esoterix Endocrinology, will be available on August 18, 2025.

**Test ID: FINAB**

**Methods:**

Insulin-I125 binding capacity

**Reference Values:**

Negative: <5.0 uU/mL

Positive: > or = 5.0 uU/mL

**Specimen Requirements:**

**Patient preparation:** No radioactive isotopes should be administered 24 hours prior to venipuncture.

**Collection Container/Tube:**

**Preferred:** Serum gel

**Acceptable:** Red top

**Submission Container/Tube:** Plastic vial

**Specimen Volume:** 0.5 mL

**Collection Instructions:**

1. Within 1 hour of collection, centrifuge and aliquot 0.5 mL of serum into a plastic vial.
2. Freeze immediately after separation and send frozen.

**Specimen Stability Information:**

Specimen Type	Temperature	Time
Serum	Frozen (preferred)	
	Refrigerated	72 hours

**CPT Code:**

86337

**Day(s) Setup:**

Monday through Sunday

**Report Available:**

9 to 16 days

**Questions:**

Contact MCL Referrals Supervisor, Amy Bluhm or Heather Hilgart, at 800-533-1710.